



YOGA SAFARI ADVENTURE IN JANUARY 2025

After an incredible yoga safari experience this year, we have decided to do it again in 2025. Below you will find all the information about the safari and what is on offer. We are so excited to be able to offer this adventure of a lifetime and especially to those who have never been to Africa before.

We will hold two back-to-back retreats:

12-18 January 2025 &

18-24 January 2025

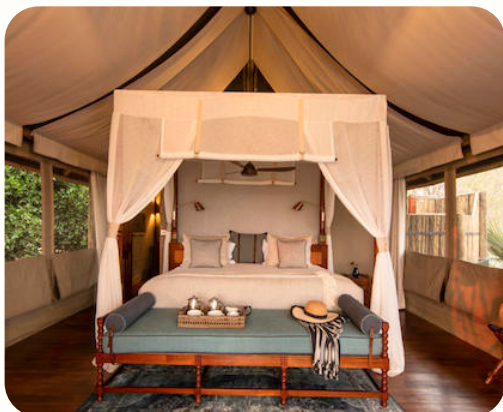
We can't wait to share this adventure with you.



SHINDE CAMP - OUR HOME FOR THE WEEK

Shinde is built in a "treehouse style" comprising of lounges, dining areas (indoor and outdoor) and a fire deck all with beautiful views over a permanent lagoon and under the shade of ebony and mangosteen trees. The newly refurbished tents and main area provide a luxury experience with a touch of historical charm. The décor of the new camp can be described as "the best of nature within an authentic safari design - still with the understated, friendly and intimate Ker & Downey Botswana feel". Elegant, Classic, Opulent, A 'worldly' sophisticated safari experience. Shinde has an excellent team to take care of our every need and they have specially prepared a vegetarian or vegan menu for you to choose from.

Each tent comprises a large bedroom, en-suite bathroom with indoor and outdoor shower. There is the choice of either a double or twin bed configuration. Every possible comfort has been catered for.





SAFARI ACTIVITIES

Shinde is situated on a private concession, so in our free time before and after our yoga classes, we can participate in guided walks, mokoro (traditional canoe excursions), game drives and motor boat trips in addition to some night drives. Shinde's excellent location in the Okavango Delta ensures a combination of permanent water access for year-round water activities and large dry areas for game drive routes. This blend of environments provides the habitat for a consistently wide variety of wildlife, including the elusive sitatunga antelope and a healthy population of the most iconic African animals like elephant, lion, leopard, giraffe and antelope.

Mokoro trips provide a chance to experience the incredible bird, plant and reptile species found in the aquatic habitat of the Okavango Delta. Game drives are conducted by a personal guide in comfortable, specially designed game drive vehicles. For the adventurous, guided walks are also available. Or you can just relax by the pool and watch the animals from there!

"It has been one of the most beautiful experiences of my life :) I have done safaris before, but this was the most exclusive and beautiful one. I just loved it there!" - Camille Collin (Jan 2024)

WHAT IS INCLUDED IN THIS RETREAT

- Chartered return flights from Maun to the Shinde.
- All meals - Vegetarian or Vegan.
- All alcoholic and non alcoholic drinks.
- Twin or double tent accommodation.
- Complimentary toiletries.
- Morning & evening outdoor yoga taught by Lisa Wright, on the deck overlooking the plains.
- All yoga equipment.
- Private concession offering both land and water activities.
- Game drives and night drives with spot light.
- Exploring the delta by motor boat and mokoro.
- Walking safaris accompanied by expertly trained and armed guides.
- Laundry.
- Gratuities of \$10 per person per day to camp employees based on the tipping guidelines of Ker&Downey.

WHAT IS NOT INCLUDED

- International flights to Maun, Botswana via Johannesburg
- Gratuities to guides based on the tipping guidelines of Ker & Downey. Tipping is not obligatory. It is, however, appropriate if you feel that the measure of service you received warrants a show of your personal appreciation, this is purely discretionary. The suggested amount is \$20 per day.

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Shinde has been Awarded five star status by Botswana Tourism Board and is EcoTourism Certified. You can participate in as many or as few of the activities as you would like. It's your holiday, we want you to find a pace that is enjoyable for you.

"Gift yourself the gift of this unique and life-changing experience, you will not regret it for a moment. Everything 10 out of 10 - the location, the safari drives and guides, the staff, the organising team, the yoga, the food, I only have positive things to say about this retreat and Safari all in one. Heaven on earth!! Don't hesitate, just book!" - Margaret Dean (Jan 2024)



The price for this incredible Safari is **€5800** per person based on 2 sharing.

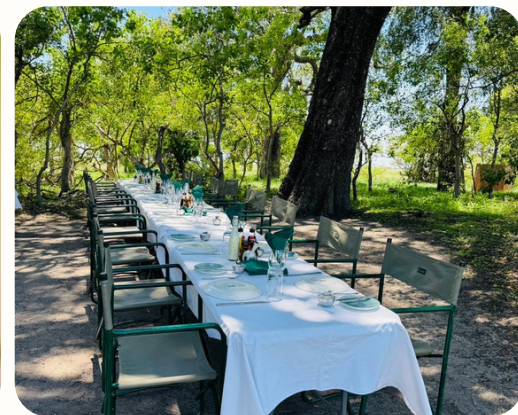
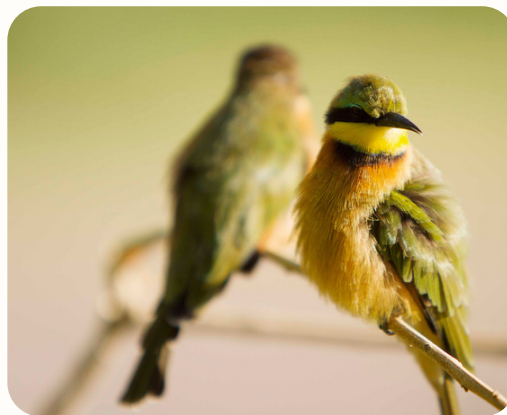
To secure your booking a 50% non refundable deposit will be required.

We will only be taking bank transfers and not credit card payments.

It will be on a first come, first served basis and we only have space for 14 guests on each week.

If you are interested in joining us, please email me directly - claire@silverislandyoga.com

I will then be in touch with you to confirm your place.



"This amazing journey was an extraordinary adventure, with an incredible amount of care and attention to every detail. Every day was different and surpassed every expectation I had. The intentionality with which the days were designed, from game drives to bush yoga to night drives, was astounding. The care & execution with which the staff came together to give us the best experience was flawless. Shinde camp was a breathtaking, luxurious location, and I will never forget practicing yoga at sunset or eating dinner with the moon shining down on the river. Thank you for this life changing experience!" - Sophie Coughlan (Jan 2024)